

Dear Parents,

As of the 2017-2018 school year, Salisbury Academy began offering counseling services as an additional resource to help your child succeed in his/her academic goals, as well as support social and emotional growth throughout the school year. Counseling sessions in a school setting are typically short-term in nature and focus on solutions to help your child succeed in all areas of his/her development.

Counseling activities can include individual counseling, group counseling, whole class presentations and/or school environment observations. Many of these activities will focus on helping students learn ways to build positive social skills, gain confidence in their ability to interact with others and learn ways to deal with problems and conflicts constructively. Counseling sessions typically are scheduled for thirty minutes at a time in which your child is not involved in critical learning activities. Your child may be referred to counseling from a teacher, staff member, parent or by self-referral. To make a referral, you may call the school or email me at mdeal@salisburyacademy.org. If your child needs extensive or long-term therapy, a referral to a private therapist will be suggested.

This letter serves as notification of this service. If you do not wish for your child to meet with the counselor, please complete and return the information below. Otherwise, you acknowledge that your child may work with the counselor at any point in his/her career at Salisbury Academy. You will be notified of counseling sessions only if there is a specific need to do so unless the referral is requested by a parent.

If you have any questions, please feel free to contact me.

Sincerely,

Melanie Deal, counselor

Child's Name _____ Grade _____

_____ I do not wish for my child to participate in school counseling services.

Parent Signature _____

Date _____

